

Plastics in the Water Activity Sheet

As the River Wear makes its way to the sea, it carries all the things that have washed into it, such as leaves and twigs. Plastic items too.

Look at each of the photos in the 'Plastics in the Water' photo pack.

How do they make you feel? Write your feelings in the space around the photos.
Then answer the questions below:

1. What plastic items are in the photos? List them below:

Some items like plastic bags and bottles are being used by wildlife to make their homes, and some animals and fish are eating them or accidentally swallowing them, which can make them ill or even kill them. If we eat fish that have swallowed microplastics, then we could end up with them in our bodies too, which could make us unwell.

All these photos show plastic pollution in our rivers and oceans. This is an issue that threatens the future of our seas and our planet, however, we can all do something about plastic pollution.

2. Have you used any of these things in your 'Plastic Diary' (D-2)? If so, which ones?

- 3.** Which items are in your Action Plan (D-3) on how to reduce your use of these plastic items?

- 4.** Have a think about what actions you can take, and make a 'Plastic Pledge' below:
To reduce my use of plastic, I promise to...

- 5.** Now make a poster to encourage others to reduce their plastic use too!